

## **Anti-Bullying Pledge - Students**

We, the students of Constantine Middle School, agree that bullying behavior is becoming a serious problem in our school. We agree to join together to stamp out bullying at our school and make CMS a bully-free place.

We believe that everybody should enjoy our school equally, and that ALL students have the right to feel safe, secure, and accepted regardless of color, race, gender, popularity, athletic ability, intelligence, religion, or nationality.

Bullying can be physical (pushing, shoving, hitting), verbal (name calling, teasing, spreading rumors), emotional (intimidation, excluding, threats), or sexual (unwanted physical contact, sexual gestures, unwelcome comments) in nature. We believe that bullying causes pain and stress to victims, and is never justified or excusable for any reason. We feel that victims are never responsible for being a target of bullying behavior.

**By signing this pledge, we the students agree to:**

1. Value student differences and treat others with respect.
2. Not become involved in bullying incidents or be a bully.
3. Be aware of the school's policies and support system with regard to bullying.
4. Report honestly and immediately all incidents of bullying to a faculty member.
5. Be alert in places around the school where there is less adult supervision such as bathrooms, corridors, and stairwells.
6. Support students who have been or are subjected to bullying.
7. Talk to teachers and parents about concerns and issues regarding bullying.
8. Work with other students and faculty, to help the school deal with bullying effectively.
9. Encourage teachers to discuss bullying issues in the classroom.
10. Provide a good role model for younger students and support them if bullying occurs.

I acknowledge that whether I am being a bully or see someone being bullied, if I don't report or stop the bullying, I am just as guilty.

**Signed by:** \_\_\_\_\_

**Print name:** \_\_\_\_\_ **Date:** \_\_\_\_\_